Consciousness collapses countless probability waves to solve your problems. A petty problem may take longer unless it is ‘silenced.’ A pressing problem will take longer until silenced. (October 21, 2019)

“If they do not first receive resurrection while they are alive, once they have died they will receive nothing.” (June 13, 2021)

2021-06-04
Shivali
Dear Jagbir please guide how some people manage so many things in life simultaneously and some find it difficult to manage their homes alone.

Jagbir
Thank you Shivali for asking a question about another sacred secret that I wished yesterday to arise. I will answer it in a few days. My pranaam to You.

June 13, 2021
I have learnt from Sunshine how to be productive when you are busy. In other words, I observed her multi-tasking while cooking.

Before starting I want to emphasize that routine and discipline does wonders to managing your home duties, single or family.

Sunshine and her sisters have been well brought up by a strict matriarch to do all types of homely chores effortlessly—cooking, cleaning, and general maintenance. They all must be finished mid-morning, noon latest.

Let’s say that lunch will be chicken curry with rice, a vegetable side dish, mint chutney and papadam.

All the ingredients required will be prepared in advance and skillfully placed for easy assembly line like retrieval—chicken chopped, onions sliced, ginger/garlic minced, tomatoes diced, mint washed and so on.

As soon as the chopped onions are dropped into the hot oil Sunshine ties up the garbage and drops it in the bin outside the house.

Then she adds the ginger and garlic, stirs a few times, and goes off to clean the stairs with a wet rag.

On her return the chicken pieces go into the wok, and she has plenty of time to mop the entire floor.

And this morning routine and discipline of cooking is a dance of productive grace and feminine efficiency. There is no time wasted watching and waiting.

I repeat: You do not waste any time just standing and waiting for the diced tomatoes to dissolve before putting curry powder. You can always find something to do in between, like cleaning the...
fridge.

Before noon lunch is ready and the house spick and span. And then you have the rest of the day to complete anything and everything else.

Routine and discipline, once honed by experience, does wonders Shivali. Throw in love and dedication as a devoted mother or dutiful wife and living becomes a joy.

But how to solve issues over which we have no control? What about problems of this world like global warming, drugs, social decay, domestic violence, economic greed, racial injustice, gender inequality, biodiversity loss, ......, ......, ......?

In short, doing the impossible tomorrow by seeing the invisible today i.e., getting HALF THE SKY to start solving them 2050 onward!

First and foremost, they must pass Standard Two: Quantum Mechanics. It is necessary to learn how:

**Consciousness collapses countless probability waves to solve your problems. A petty problem may take longer unless it is ‘silenced.’ A pressing problem will take longer until silenced.**

Only after understanding what Quantum Mechanics is will it be possible to harness its immense powers. Jesus used QM to bring forth the Age that has Come. We are supposed to do even greater things, and at the same time “manage so many things in life simultaneously."

So how do we start? How to harness QM? What are the techniques? Are there specific mantras? The answer is there is none other than absolute Silence.

“Begging, asking, beseeching, hoping, imploring, and above all praying, are the most effective ways to make sure we do not get what we want." [emphasis ours]

I will have to state the sacred secret: Let THE MOTHER hold your hand from now onward and see how SHE solves each desire and every problem. But you must remain in Silence.

By absolute Silence I mean surrendering everything to THE MOTHER. You accept everything because SHE only takes you to the highest state of existence possible on Earth; moksa (liberation and life eternal) before death itself.

I had to clarify everything that Shivali asked with something far greater and possibly off-topic. I had to because there is doubt we can be in Silence unless we awaken to the fact that, given the Good News, any future desires or problems will lack gratitude and appreciation of divine grace and receiving the first fruits redemption of the Holy Spirit.

The Resurrection is nothing else but that: attaining life eternal (moksa) while living in the Age that has Come. We will only appreciate “divine grace and first fruits of the Holy Spirit redemption” if our ears can hear this:

"Resurrection is accomplished by the wind of heaven that sweeps the worlds. The Angel carried by the wind does not say: Arise ye dead! He says: Let the living arise! People who say they will first die and then arise are mistaken. If they do not first receive resurrection while they are alive, once they have died they will receive nothing. Just so it is said of baptism: ‘Great is baptism!’ For if one receives it, one will live...” [emphasis ours]

Once they have died in the Age that has Come without having ears that can hear the Good News of the Resurrection, they will receive nothing. Amen!

jagbir

"All matter originates and exists only by virtue of a force.... We must assume behind this force the existence of a conscious and intelligent Mind. This Mind is the matrix of all matter." — Max Planck, 1944

"With these words, Max Planck, the father of quantum theory, described a universal field of energy that connects everything in creation: the Divine Matrix.

The Divine Matrix is our world. It is also everything in our world. It is us and all that we love, hate, create, and experience. Living in the Divine Matrix, we are as artists expressing our innermost passions, fears,
dreams, and desires through the essence of a mysterious quantum canvas. But we are the canvas, as well as the images upon the canvas. We are the paints, as well as the brushes.

In the Divine Matrix, we are the container within which all things exist, the bridge between the creations of our inner and outer worlds, and the mirror that shows us what we have created."

— Gregg Braden, *The Divine Matrix: Bridging Time, Space, Miracles, and Belief*

**What's Inside This Book?**

In Chapter 1, I tell three stories that will give you a basic understanding of what it means to become supernatural. In the first story, you'll meet a woman named Anna who developed several serious health conditions because of a trauma that keep her anchored to the past. The emotions of stress triggered her genes, and the corresponding hormones created some very challenging health conditions for her. It is a very tough tale. I intentionally chose this story and included all its details because I wanted to demonstrate to you that no matter how bad things can get, you have the power to change them—just as this amazing woman did. She applied many of the meditations in this book to modify her personality and heal herself. To me, she is the living example of truth. But she's not the only one who has kept overcoming herself on a daily basis until she became someone else. She joins a whole student body of participants who have done the same—and if they can do it, so can you.

I also share two of my own personal stories here—experiences that have changed me at a very deep level. This book is as much about the mystical as it is about healing and creating new opportunities in our lives. I share these stories because I want to prime you for what is possible when we leave this realm of space-time (the Newtonian world we learned about in high school science class) and activate our pineal gland so we can move into the realm of time-space (the quantum world). Many of our students have had similar mystical and interdimensional experiences, which seemed as real as this material reality.

Because the second half of the book delves into the physics, neuroscience, neuroendocrinology, and even genetics of how this happens, I hope these stories will pique your curiosity, acting as teasers to open your mind to what's possible. There's a future you—a you who already exists in the eternal present moment—who is actually calling himself or herself to the more familiar you who is reading this book. And that future you is more loving, more evolved, more conscious, more present, more kind, more exuberant, more mindful, more willful, more connected, more supernatural, and more whole. That is who's waiting for you to change your energy to match his or her energy on a daily basis so you can find that future you—who actually exists in the eternal now.

Chapter 2 covers one of my favorite topics. I wrote it so you could fully comprehend what it means to be in the present moment. Since all potentials in the fifth dimension known as the quantum (or the unified field) exist in the eternal present moment, the only way you can create a new life, heal your body, or change your predictable future is to get beyond yourself.

This elegant moment—which we have witnessed in thousands of brain scans—arrives when a person finally surrenders the memory of themselves for something greater. So many people spend the majority of their lives unconsciously choosing to live by the same routines on a regular basis, or they automatically romance their past, feeling the same way every day. As a result, they program their brain and body to be in a predictable future or a familiar past, never living in the present moment. It takes practice to get there but it's always worth the effort. Finally finding the sweet spot of the generous present moment is going to require you to exercise a will that is greater than any of your automatic programs, but I'll encourage you every step of the way.

The chapter starts off with a basic review of some scientific principles so we can establish a common terminology to develop models of understanding throughout the book. I’m going to make it pretty simple. Talking about brain function (that is, the mind), nerve cells and networks, different parts of the nervous system, chemicals, emotions and stress, brain waves, attention and energy, and a few other subjects is necessary to get you where you want to go. I have to establish the language to explain why we are doing what we are doing before I teach you how to do it in the meditations that appear throughout the book. If you want more explicit, in-depth information, I invite you to read any of my previous books (including *Breaking the Habit of Being Yourself* and *You Are the Placebo*).

Chapter 3 is your introduction to the quantum world—the fifth dimension. I want you to understand that there is an invisible field of energy and information that exists beyond this three-dimensional realm of space and time—and that we have access to it. In fact, once you are in the present moment and you've entered this realm, which exists beyond your senses, you are now ready to create your intended reality. When you
can take all your attention off your body, the people in your life, the objects you own, the places you go, and even time itself, you will literally forget about your identity that has been formed by living as a body in this space and time.

It is in this moment that you, as pure consciousness, enter the realm called the quantum field—which exists beyond this space and time. You can’t enter this immaterial place with your problems, your name, your schedules and routines, your pain, or your emotions. You can’t enter as some body—you must enter as no body. In fact, once you know how to move your awareness from the known (the material physical world) to the unknown (the immaterial world of possibility) and you become comfortable there, you can change your energy to match the frequency of any potential in the quantum field that already exists there. (Spoiler alert: Actually, all potential futures exist there, so you can create whatever you want.) [emphasis ours 2021-06-13]

**BECOMING SUPERNATURAL: How Common People Are Doing the Uncommon**
Dr. Joe Dispenza, Hay House Inc. (October 31, 2017) p. xxiv-xxv