

Jai Shri Mataji

Most Beloved Mother,

We the Italian National Council for the Advancement of Sahaja Yoga (CNIASY) wish to thank you from the bottom of our hearts for your constant guidance and inspiration in our small attempts to fulfill your vision for the spreading of Sahaja Yoga in Italy.

We offer all our efforts at your Holy Lotus Feet in the hope that whatever we do may be always pleasing to you and humbly ask for forgiveness for all our mistakes.

The CNIASY would like to propose a selection mechanism for the renewal of its members and the national coordinator which can involve and represent the SANGHA in the best possible way.

This proposal has been unanimously agreed upon in the CNIASY meeting held on the 28th of December 2009 and we humbly seek Your guidance and blessings.

With all our Love and Devotion

Your children of the CNIASY

Rome, 30th December 2009

Proposal for Renewal of The Italian National Council for the Advancement of Sahaja Yoga (CNIASY)

Basic principles:

The basic principles are as follows:

- a) it is important to provide for a mechanism of rotation of the members and the coordinator of the CNIASY so that:
 - 1. all members of the collective can have the possibility of participating actively in the coordination of SY in Italy on a rotation basis
 - 2. the members that have been chosen don't become and don't see themselves as "Life members"
 - 3. there is a renewal of energy
 - 4. there is an increase of transparency and representation of the various elements of the collectivity

- b) it is important that the selection system foresees:
 - 1. a rotation of its members which allows for the continuity of the experience acquired
 - 2. a selection which is shared, as far as possible, by the whole collective
 - 3. a representation of the collectives on a regional basis

- c) for the coordinator:
 - 1. the rotation allows for the continuity of the experience and know-how of the previous coordinator
 - 2. a selection based on the use of vibrations

Proposal for the implementation

For the selection of the new CNIASY members:

- 1) The CNIASY is completely renewed in a 5 year cycle by changing 1/5 of members every year. As the CNIASY is currently composed of 32 members this means that 6 members are changed each year
- 2) Initially those members who wish to step down spontaneously are asked to come forward
- 3) If the number of members who spontaneously decide to step down are less than 6, the other nominations will be selected by a draw amongst those who in the previous years have not been changed, but not more than one for each region, until the number has been reached
- 4) After the 5th year the rotation will be automatic depending on the year in which the selection has been made
- 5) A member which leaves the CNIASY can be re-elected in the same year by his or her regional collective
- 6) There will be an initial redistribution so as to be able to have a proportionate distribution of the members according to the size of the regional or macro-regional collectives
- 7) At least one representative will be guaranteed for each region or macro-region
- 8) According to the growth of SY in Italy, the number of representatives for each region or macro-region can be changed from year to year
- 9) Such changes can be based on the number of Sahaja Yogis subscribed to VND as an indication of the number of SY's in the region
- 10) For the regions for which changes of members have been identified and having established the number of members leaving and joining, all the yogis and yoginis of that region are requested to vote the names of 3 yogis as new members of the CNIASY on the basis of their vibrations and their personal discrimination. The person or persons who receive the most number of preferences become the new members of the CNIASY. The voting should take place in a spontaneous way, without candidates and discouraging any form of campaigning, in a collective meeting which involves as much of the collective as possible
- 11) The President and Secretary of the VND are rightful and effective members of the CNIASY in order to guarantee a continuous communication between the 2 organisms.
- 12) The members of the International Sahaj Organizations as WC or WF are rightful and effective members of the CNIASY

For the selection of the new Coordinator:

- 1) A new coordinator is chosen every 4 years
- 2) The new coordinator is assisted by the previous coordinator for 1 year so as to share decisions and experiences and acquire the know-how

- 3) During the voting the members of the CNIASY express the names of 3 candidates by secret ballot. A count is made to determine the number of preferences
- 4) The 3 members with the highest number of preferences are identified; their names are written down and put in separate envelopes which then numbered and closed
- 5) The CNIASY members present take the vibrations and select the envelope which they agree the vibrations indicate as the preference. The name which is thus selected will be the new coordinator
- 6) If necessary a selection of the members who will take the vibrations can be done by performing a preliminary check with 2 closed envelopes, one containing a photo of HHSM
- 7) The 4 members with the highest number of preferences after the coordinator are the advisor of the coordinator.

General considerations:

- a) the choice of the new CNIASY members and of the new coordinator will in any case always be placed before Mothers Feet for Her final approval
- b) before all votes, whether for nominations or for taking vibrations, meditation must be performed and connection established
- c) the mechanism for the renewal of the CNIASY members and coordinator can be reviewed and modified by the CNIASY itself.