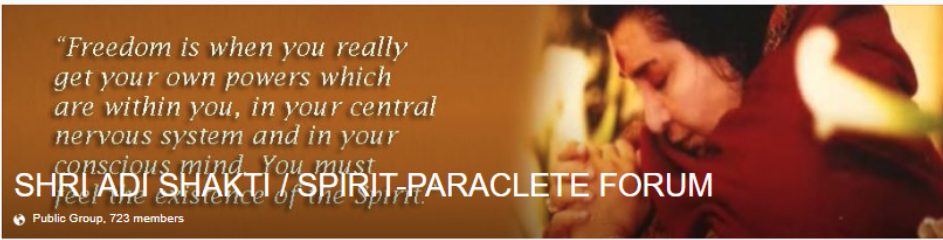


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"When God and Her were born" - Bob Dylan's Shelter from the Storm

jagbir singh Message 1 of 1, Mar 24, 2003

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Dear All,

Below is an old email from a SY dated Sun, 9 Nov 1997 which is worth reading. Enjoy it.

Jai Shri Mataji,

jagbir

Dear

I am an aerospace engineer by profession, initially in R&D, and now in so-called management. My logical mind can understand how certain facets of SY can be interpreted in negative ways. I used to be one of the "difficult" ones in the early days, questioning always, and demanding proof for everything... and Yes, I finally got the proof !!

I had been questioning the purpose of life at an early age, and desired to find the "truth" at the age of 12. I was brought up in a very comfortable, loving, upper middle class family. My parents could not understand why, instead of enjoying my comforts I had this odd spiritual longing. Anyway, to cut the story short, I was emotionally blackmailed into at least completing my university education before "seeking the truth".

I met Sri Mataji in London some 20 years ago. Less than 6 months later, (still a sceptical engineer) I was at Her program (a small audience of 15-20). At these programs, when Sri Mataji sat down, She did a 'namaste' to the audience with Her head bowed and eyes closed. The audience also closed their eyes. Of course I did not, and watched her closely from a seat in the front.

I was staring right at Her when She opened Her eyes - and our eyes met.

It is impossible to describe in words what happened next. I was drawn into a different dimension, zooming back in time, sabre tooth tigers, the big bang, and before - ...towards The Beginning, and still She was there!!! I shall omit attempts to describe the forms Sri Mataji was in, (...of "when God and Her were born" - Bob Dylan's Shelter from the Storm)

I was experiencing/seeing the primordial energy source - similar to the "source" we use in fluid dynamics.

My whole being was enveloped in a zone of absolute silence, stillness and bliss. I remained in this state for 3 days and nights. It was sheer ecstasy and complete fulfillment.

Some time later, when I met an old-timer from India, I described the forms that I saw Sri Mataji in, and I was told that it was the Adi Shakti - which I had to have explained to me (My childhood had been mainly programmed by the Methodist church with a good helping of American mission school theology).

Subsequently, there have been many blissful experiences during my practice of Sahaja Yoga, and I have seen hundreds of people have joyful spiritual experiences, initially in Sri Mataji's presence, and later on during their meditations.

I have experimented with Sahaja Yoga for many years, and have proven the hypothesis put forward by Sri Mataji again and again. I am one of many who not only feel the different energies but can also use them beneficially.

I have no doubt at all that Sri Mataji Nirmala Devi is the most unique spiritual personality on the planet today. It would take a book to write down the many proofs that I have obtained over the years, and easily an encyclopaedia for what thousands have actually experienced. I can feel this peace and bliss wherever I am, at work, in my car, looking at the sunrise, at a leaf, a flower.... it is sheer Joy, to really FEEL this bliss coursing through your veins as you enjoy the Beauty of Nature and the Creation.

I would humbly suggest that you yourself approach SY with an open mind, with scientific curiosity, and try the experimental procedure and see if it works. You have nothing to lose, and, if what I have related above is true.....then you are due to experience the greatest of bliss, beyond all sense pleasures.

I wish you all the best,

With love and thanks

B... K.....

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