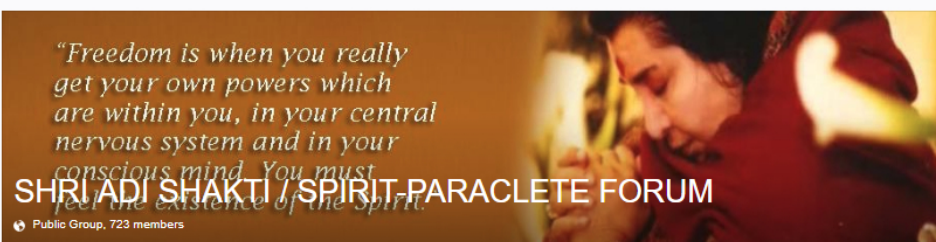


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What are the reasons seekers leave Sahaja Yoga? | 11

jagbir singh Message 1 of 3, Jun 27 5:17 AM

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To all devotees of the Adi Shakti,

Yesterday my wife Shindi told me about a chance meeting with a SYogini hairdresser who, after 4 years, left Sahaja Yoga. Apparently the ex-SY was very impressed with the relaxed and serene nature of Shindi and asked what was the reason. My wife told her about Shri Mataji and Sahaja Yoga.

It was then she opened up and told Shindi what was the main reason for leaving - SYs claiming that Shri Mataji was God Almighty. This frightened her as some SYs were claiming so although she personally never heard any such thing from Shri Mataji. Apparently fanatical SYs just could not resist raising the status of Shri Mataji to the highest level possible. without providing any evidence of their conviction.

My wife then told me of frankly discussions with another long established SYogini about their early experiences in Sahaja Yoga. It was a frightening ritual of constant shoebeats, footsoaks, catch-clearing and bad food (milk, tea, coffee, curry, sugar, fried food etc.) Both were introduced (me included) to a bewildering world of bhoots and tenacious negativity that seem to be attacking SYs in particular. There was no escape these evil entities except to carry out daily rituals. And if everything failed there was the mother of all catch-clearers - the all-powerful matka treatment.

Even babies were being attacked by negativity from loving SYoginis who just wanted to cuddle the child. It was embarrassing and scary to see concerned mothers taking the child away from suspected caught-up culprits. (I really dreaded going to the collective to witness a bunch of scared SYs fearful of everything non-Sahaj, from books to bhoots, from jeans to jallapeno chips.)

For years this range of ritualistic cleansing continued. I still remember Shindi foot-soaking every day to clear the so-called 'negativity' from fellow co-workers. She became so conditioned and convinced of the daily necessity to clear herself that I had to intervene. I had to firmly put my foot down and tell her to cease this daily mechanical ritual. (I know a number of SYs believe that footsoaking must be done daily, even after years. until Shri Mataji Herself had to tell SYs to cease.)

However, both my wife and her close friend learnt next to nothing about the Last Judgment and Resurrection. No SY explained to anyone how and why the Bible and Koran confirms that it is so. No one made any connection between vibrations (Cool Breeze) and the Last Judgment and Resurrection. Actually no SY really cared or dare mention that Sahaja Yoga is first and foremost the Last Judgment, everything else being just mere tiny parts of this whole.

As far as they are concerned Sahaja Yoga is all about the subtle system, chakras, kundalini, left-side problems, right-side troubles, lazy livers, overactive agnyas, sinful caffeine, heavenly ghee, bad bhoots and the ceaseless chatter of catches.

Which newcomer wants to stay in this bewildering and confusing atmosphere of fear and apprehension? Who wants to know about this type of yoga when they have hundreds of positive and confident meditation schools to choose from? especially if it comes with the assurance that, unlike Sahaja Yoga, no bhoots will be hiding under their beds or negativity attacking while buying Nescafe at the corner store.

It is time to stop making others like Simon D. Montford the scapegoats of our dismal failure to attract seekers. The graffiti on the wall is fearfully frank and colorfully clear. I think it is time to take our heads out of the sand and take a look.

I also want to know what are the other reasons seekers leave Sahaja Yoga. Can anyone be frank enough?

jagbir

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AKPLOGAN CHRISTIAN Jay Shri Mataji The essence of sahaja yoga is protocol - if we under Jun 27 7:37 AM

AKPLOGAN CHRISTIAN Jay Shri Mataji For Guru Pada, you have to have, in sahaja yoga, comp. Jul 4, 2003

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