You are probably familiar with the term New Age, and you may have heard or read about the dawning of the Age of Aquarius. This simply means that we are leaving one age (Pisces), and entering into a new one (Aquarius). This happens every two thousand years - the last one coinciding with the arrival of Christ.

What does this have to do with you? Well, it has quite a lot to do with you and everyone else on the planet. For a start, if you haven't already undergone any changes, you might be feeling the urge to change now, or you may be witnessing changes around you. Either way, you will certainly be aware that life on planet Earth seems to be going off the rails in one way or another.

This is characteristic of the changing of the Ages as people struggle to adapt to the new energies. You will also have noticed certain major developments - such as science, computers and technology, all of which are now forming the backbone of our society. UFO's, alternative medicine, astrology, vegetarianism and other subjects previously considered weird or cranky are growing rapidly in popularity, and are all subjects associated with the sign of Aquarius. These subjects will become more and more commonplace, and astrology and other
‘mystical’ methods of self-help and understanding will help people to become more in tune with their spiritual selves in preparation for the New Age.

People are already beginning to look within for the answers they seek, instead of outwards to money, possessions and other people. The more enlightened members of society will welcome the New Dawn with its emphasis on humanity, kindness, truth, spirituality and enlightenment. The less evolved are struggling and are reacting with negative forms of behaviour which is the main reason for all the chaos and negativity around at the moment.

Expressing an interest in a New Age subject shows that you are in tune with the subtle astrological energies engulfing our planet, and that you are consciously (or subconsciously) seeking spiritual answers, and therefore have the potential for the self-improvement that will enable you to enter into the New Age with ease, and hopefully, help others to do the same.