In an attempt to unravel the mysteries surrounding the Age of Aquarius, one has only to look back over the previous five years of labor we have endured to understand that personal "self-realization" is the key that opens the door to "self-actualization." The difficult internal and external struggles we have walked through over the past half decade now shift into a higher gear, giving us the potential to create our dreams, expand our horizons, and open ourselves up to one another in deeper and more spiritual ways.

Many astrologers herald April of 1995 as the actual beginning of the "Age of Aquarius," for that is when Uranus entered Aquarius, and of course Uranus rules the...
sign of the water bearer. It's tricky to define and describe the general nature of Aquarius and the energies of its counterpart Uranus, for by their natures, they move beyond definition and transcend restrictions and expectations.

Aquarius demands much from us, particularly in the areas of faith and trust. Periods of time ruled by Aquarius, such as this great age we're moving into, promote the radical, the unexpected, and the freedom to follow our impulses on all levels. Like toddlers, we have all spent the last five years opening up to trusting the unexplained, the intangible, and the intuitive. We have made our ways by crawling, walking, and falling down, continuing to force our shaky spiritual legs to become stronger and more sure-footed. Though most of this process has been done internally, many outward challenges have created obstacles that made us stop and face our truest selves as spiritual entities connected not only to a Higher Source, but to each other as well.

We have been laying the groundwork, for before we could become one with all humanity as Aquarius encourages, we had to become one with ourselves. The dawning of the new millennium heralds this inner accomplishment, and simultaneously opens new doors to a greater and more expansive Universal oneness. We are now beginning to move in the world with greater physical health and enhanced awareness as more spiritually evolved individuals. By so raising our personal energies, we enhance the wholeness of others, and thus raise the vibrations of all humanity.

Perhaps the most astounding evidence of the dawning of this age is embodied in our recent focus on "Truth." Both within and outside of ourselves, a search for the truth has exposed many negative energies that have been eroding the quality of our society and blocking growth, progress or resolution to cyclic problems that affect us all. Exposures of deception have surfaced in the realms of religion, health care, politics, finances/banking, the environment, science, and even the personal sexual lives of our leaders.

True to Aquarian nature, the illusions surrounding these structures have been stripped away; concurrently, we've had other illusions dispelled in our personal lives that never made the national news. The control and power that these establishments and icons of order have had over us are about to be overthrown and revised by humanity as a whole. No longer will the majority be ruled by a few select individuals. As we begin to share and expand our ideals with others, we can now expect to move our personal spiritual visions in the physical world, creating higher laws and establishing a more Universal foundation based in metaphysics, truth, peace and wholeness.

Now that we have mastered the art of being responsible
for ourselves as individuals, we can begin a new millennium embracing the Aquarian ideal that each one of us carries the responsibility for the collective well-being of all humanity.